

**ED MOCK OSCE Station 1**

**PROMPT:**

Mr(s). Smith, 65, has presented to the ED complaining of new onset shoulder pain. Take a targeted history conduct an appropriate examination.

**Grading sheet for the facilitator**

**Prompt:** Mr(s). Smith, 65, has presented to the ED complaining of new onset shoulder pain. Take a targeted history and conduct an appropriate examination.

|  |  |  |
| --- | --- | --- |
|  | Points | Max Points |
| History | | |
| Site  **“Just the tip of my shoulder”**  nil radiation (only if prompted)  nil chest pain (only if asked) |  | 1  1  1 |
| Quality  **“Dull pain, like I slept on it funny”** |  | 1 |
| Severity  **“Not too bad at first, but it is really getting annoying”** |  | 1 |
| Time Course  “**It’s been about the same for the past hour”**  **“It came on over about 10 minutes”**  **“This happened maybe once before a month ago but it settled after a few minutes”** |  | 1  1  1 |
| Context  **“I was just sitting at home, watching TV”**  Last event a month ago happened while helping my son move out and lifting some heavy boxes (if asked) |  | 1  1 |
| Aggravating/Relieving Factors  **“Nothing seems to really help or make it worse, tried some whiskey but that didn’t help either”** |  | 1 |
| Associated Features (if specifically asked)  nil restriction of movement  nil swelling  nil sweating  nil nausea/vomiting  nil pain anywhere else  nil stool/ urine changes |  | 1  1  1  1  1  1 |
| **Subtotal** |  | **17** |
| Past History | | |
| Medical History:   * Diabetes for 20 years, sugar control is “ok”   + missed last appointment with endocrinologist/ no ulcers on the foot/ no issues with kidneys (if asked) * Not clear on last “check up” at the GP |  | 1  1  1 |
| Ex-smoker, quit 3 years ago because of grandchildren  Had a 30 pack-year history  Significant alcohol history |  | 1  1  1 |
| **Subtotal** |  | **6** |
| Introduction | | |
| Wash hands |  | 1 |
| Explain examination |  | 1 |
| Adequate exposure |  | 1 |
| **Subtotal** |  | **3** |
| General Inspection | | |
| Inspect from anterior, posterior and lateral views |  | 1 |
| **Subtotal** |  | **1** |
| Palpation | | |
| Ask patient to inform you if there is any pain at any point  Starting with the shoulder with no pain  Systematically palpate the following:   * Sternoclavicular joint * Along clavicle to Acromioclavicular joint * Coracoid process * Anterior Glenohumeral joint line * Long head of Biceps * Posterior aspect of shoulder, down the spine of scapula |  | 1  1  3 |
| **Subtotal** |  | **5** |
| Test Movements |  |  |
| Appropriately test the following active movements:   * Abduction and adduction * Flexion and extension * Internal and external rotation |  | 3 |
| Test passive movement of Glenohumeral joint |  | 1 |
| **Subtotal** |  | **4** |
| Communication and overall impression |  |  |
| Communication (poor/good/excellent) |  | 3 |
| Overall impression (fail/poor/pass/good/excellent) |  | 3 |
| **Subtotal** |  | **6** |
| QUESTIONS | | |
| What is your top differential?   * Atypical AMI   What are 3 investigations you would like to order?   * ECG * Cardiac troponin * Shoulder X-ray\* * CXR\*   \*either investigation counts for 1 mark |  | 1  1  1  1 |
| **Subtotal** |  | **4** |
| **TOTAL** |  | **46** |